



ARIZONA TEEN CONCUSSION STUDY HIGHLIGHTS

Web poll of 304 males and females between ages 14-18 in June 2016

- Almost one-third of Arizona high school senior athletes report sustaining a concussion.
- One in four boys decided not to play high school football because of concussion concerns.
- One in 10 girls decided not to play high school soccer because of concussion concerns.
- Asked what they would do if they suspected they had a concussion: (students could pick more than one answer)
 - 79 percent of student athletes would immediately tell their coach
 - 30 percent would tell their parents
 - 13 percent would wait for a stop in play
 - 4 percent would not tell anyone
- 75 percent of student-athletes say they have received concussion education.
- 42 percent of athletes who have had a concussion say they are not afraid of the long-term impact of having a serious or multiple concussions.
- 61 percent of all teens say they are more aware of the symptoms and dangers of concussions than they were a few years ago.
- 89 percent of all teens say they would report it if a teammate or friend has had a concussion playing a school sport.